

MISSOURI CONSOLIDATED HEALTH CARE PLAN
BOARD MEETING
FEBRUARY 23, 2023

Attending: Director Chlora Lindley-Myers, Chairperson
Ashton Christopher (via conference call)
Cameron Fast (via conference call)
Representative Dave Griffith
Acting Director Paula Nickelson
Daniel O'Neill (via conference call)
Commissioner Ken Zellers (via conference call)

Absent: Senator Sandy Crawford
Marty Drewel
Mark Langworthy
Senator Barbara Washington

Others attending (in-person): Judith Muck, Executive Director; Stacia Fischer, Chief Financial Officer/Deputy Director; Tammy Flaugher, Senior Administrative Specialist; Brad Kifer, Chief Information Officer; and Jennifer Stilabower, General Counsel/Deputy Director.

Others attending (via conference call): Darla Bates, Human Resources Coordinator; Kim Backes, Data Analytics Administrator; Denise Chapel, Director of Vendor Relations; Julie Engelbrecht, Director of Finance; Shelley Farris, Section Chief, Benefit Administration; Bethany Goodin, Benefit Administration Manager; Ryan Hobart, Multimedia Communication Manager; Chris Lindsey, Director of General Services; and Kimberly Radmacher, Section Chief, Clinical Services.

Director Lindley-Myers called the meeting to order.

There were no public comments.

Acting Director Nickelson made a motion to approve the open session minutes of the Jan. 26, 2023, regular MCHCP Board of Trustees meeting. Representative Griffith seconded. Motion passed unanimously.

Adrienne Smith and Dale Grenolds with ComPsych presented the Strive Employee Life and Family (SELF) Program overview. They reviewed SELF program trends, utilization, client demographics and top referral sources, client satisfaction, roadmap and key initiatives.

Ms. Muck presented the MCHCP contracts overview. The board awards contracts that have significance to the plan operations and benefits. The executive director awards those contracts that support the administrative functions of the office and day-to-day operations.

Ms. Muck led the discussion relating to 2024 planning. She discussed several potential benefits, including: infertility treatment, expansion of primary care and virtual care, increasing MCHCP's contribution to active employee Health Savings Accounts, improvements to dental and vision benefits, increasing the number of counseling sessions available in the SELF program through CompPsych and updating the *Strive for Wellness*[®] Health Center initiatives.

Ms. Fischer provided a brief FY 2024 budget update.

Ms. Fischer presented the financial update. She reviewed January 2023 results.

Ms. Stilabower provided the board with a Health Insurance Portability and Accountability Act (HIPAA) reminder.

Representative Griffith made a motion to adjourn. Acting Director Nickelson and Commissioner Zellers seconded. Motion passed unanimously. Meeting adjourned.